



St Aidans Menu

Please see your kitchen team for any dietary requirements.

		Monday	Tuesday	Wednesday	Thursday	Friday
Week one	Main 1	Quorn Pasta Bolognese served with Garlic bread Allergens: Cereals containing Gluten, Egg May contain: Milk, Soya	Crispy Southern fried chicken goujons wrap served with oven cooked wedges and salad Allergens: Celery, Milk, Mustard, Cereals containing Gluten	Sausage, scrambled egg, hash brown, mushrooms, beans served with toast / barm Allergens: Eggs, Milk, Cereals containing Gluten, Sulphur Dioxide & Sulphites, Soya	Farm Assured roast chicken, roast potatoes, yorkshire pudding, gravy and seasonal vegetables Allergens: Cereals containing Gluten, Eggs, Milk	Harry Ramsdens Fish Fillet, homestyle cooked chips beans or Spaghetti hoops Allergens: Fish, Cereals containing Gluten
	Main 2 (Veggie)	Creamy Tomato and roasted red pepper Fusilli Allergens: Cereals containing Gluten, Milk	Halloumi Fajita served with oven cooked wedges and salad Allergens: Cereals containing Gluten, Mustard, Milk	Veggie sausage, scrambled egg, hash brown, mushrooms, beans served with toast / barm Allergens: Eggs, Milk, Cereals containing Gluten	Quorn chicken, roast potatoes, yorkshire pudding, gravy & seasonal vegetables Allergens: Egg, Milk, Cereals containing Gluten	Freshly made Spanish Omelette served with salad Allergens: Egg, Milk
	Sandwiches	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard
	Jackets	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection Allergens: Fish, Mustard, Milk, Eggs	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection Allergens: Fish, Mustard, Milk, Eggs	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection Allergens: Fish, Mustard, Milk, Eggs	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection Allergens: Fish, Mustard, Milk, Eggs	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection Allergens: Fish, Mustard, Milk, Eggs
	Desserts	Strawberry jam filled iced finger Allergens: Cereals containing Gluten, Eggs	Fruit / Yoghurt Allergens: Milk	Fruit / Yoghurt Allergens: Milk	Fruit / Yoghurt Allergens: Milk	Cookie with Vanilla Ice cream flavoured milk shake Allergens: Cereals containing Gluten, Eggs, Milk. May Contain: Soya
		Ravioli in a tomato sauce served with wedges and crusty bread Allergens: Cereals containing Gluten, Celery	Salmon and broccoli in a creamy sauce served with pasta and salad Allergens: Fish, Cereals containing Gluten	Tikka Masala Curry & rice served with naan bread Allergens: Milk, Eggs, Cereals containing Gluten	Farm Assured Beef, Mash, yorkshire pudding, gravy and seasonal vegetables Allergens: Cereals containing Gluten, Eggs, Milk	Fish Finger sub, homestyle cooked chips beans or Spaghetti Hoops Allergens: Fish, Cereals containing Gluten
Week two	Main 1	Cheese and Onion quiche served with Salad Allergens: Milk, Eggs	Cauliflower Cheese & jacket potato Allergens: Wheat, Milk	Vegetable Curry served with naan bread Allergens: Soya, Cereals containing Gluten, Milk, Eggs	Quorn beef steak, mash, yorkshire pudding, gravy and seasonal vegetables Allergens: Cereals containing Gluten, Eggs, Milk	Quorn chicken nuggets with chips beans or spaghetti hoops Allergens: Cereals containing Gluten
	Main 2 (Veggie)	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard
	Sandwiches	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection Allergens: Fish, Mustard, Milk, Eggs	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection Allergens: Fish, Mustard, Milk, Eggs	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection Allergens: Fish, Mustard, Milk, Eggs	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection Allergens: Fish, Mustard, Milk, Eggs	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection Allergens: Fish, Mustard, Milk, Eggs
	Jackets	Chocolate brownie Allergens: Cereals containing Gluten, Egg, Milk	Fruit / Yoghurt Allergens: Milk	Fruit / Yoghurt Allergens: Milk	Fruit / Yoghurt Allergens: Milk	Ice cream pot Allergens: Milk
	Desserts	Veggie Meatballs in a rich creamy and herb sauce with Spaghetti and garlic bread Allergens: Cereals containing Gluten	Chicken Enchiladas with peppers, sweetcorn, onion in a mild chilli sauce served with rice, nachos & salad Allergens: Cereals containing Gluten	Spaghetti Bolognese served with garlic bread and salad Allergens: Cereals containing Gluten, Milk	Roast Chicken served with roast potatoes, yorkshire pudding, gravy and seasonal vegetables Allergens: Cereals containing Gluten, Eggs, Milk	Harry Ramsdens Fish fillet served with oven cooked chunky chips and beans Allergens: Cereals containing Gluten, Fish
		Cheese and Onion pie Allergens: Cereals containing Gluten May contain: Eggs, Milk, Soya	Veggie Enchiladas served with rice, nachos and salad Allergens: Cereals containing Gluten	Spaghetti Bolognese served with garlic bread and salad Allergens: Cereals containing Gluten, Milk	Macaroni Cheese Allergens: Cereals containing Gluten, Milk	Cheese and pepper Quiche served with jacket potato & salad Allergens: Eggs, Milk
Week three	Main 1	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard
	Main 2 (Veggie)	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection Allergens: Fish, Mustard, Milk, Eggs	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection Allergens: Fish, Mustard, Milk, Eggs	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection Allergens: Fish, Mustard, Milk, Eggs	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection Allergens: Fish, Mustard, Milk, Eggs	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection Allergens: Fish, Mustard, Milk, Eggs
	Sandwiches	Iced topped school cake served with custard Allergens: Milk. May Contain: Cereals containing Gluten, Eggs, Soya	Fruit / Yoghurt Allergens: Milk	Fruit / Yoghurt Allergens: Milk	Fruit / Yoghurt Allergens: Milk	Sticky toffee pudding served with ice cream Allergens: Milk
	Jackets					
	Desserts					

Available daily: Fresh Fruit, Yoghurt, Water and Milk.

denotes a healthy choice meal (all sandwich and jacket potato options are healthy choice).

November 2025

M	T	W	T	F	S	S
3	4	5	6	7	1	2
10	11	12	13	14	8	9
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2025

M	T	W	T	F	S	S
			1	2	3	4
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 2026

M	T	W	T	F	S	S
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

February 2026

M	T	W	T	F	S	S
			1	2	3	4
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

March 2026

M	T	W	T	F	S	S
			1	2	3	4
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2026

M	T	W	T	F	S	S
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			