



St Aidans Menu



Please see your kitchen team for any dietary requirements.

Monday

Tuesday

Wednesday

Thursday

Friday

Week one	Main 1	<div></div> Quorn Pasta Bolognaise served with Garlic bread <i>Allergens: Cereals containing Gluten, Egg May contain: Milk, Soya</i>	<div></div> Crispy Southern fried chicken goujons wrap served with oven cooked wedges and salad <i>Allergens: Celery, Milk, Mustard, Cereals containing Gluten</i>	<div></div> Sausage, scrambled egg, hash brown, mushrooms, beans served with toast / barm <i>Allergens: Eggs, Milk, Cereals containing Gluten, Sulphur Dioxide & Sulphites, Soya</i>	<div></div> Farm Assured roast chicken, roast potatoes, yorkshire pudding, gravy and seasonal vegetables <i>Allergens: Cereals containing Gluten, Eggs, Milk</i>	<div></div> Harry Ramsdens Fish Fillet, homestyle cooked chips beans or Spaghetti hoops <i>Allergens: Fish, Cereals containing Gluten</i>
	Main 2 (Veggie)	Creamy Tomato and roasted red pepper Fusilli <i>Allergens: Cereals containing Gluten, Milk</i>	Halloumi Fajita served with oven cooked wedges and salad <i>Allergens: Cereals containing Gluten, Mustard, Milk</i>	Veggie sausage, scrambled egg, hash brown, mushrooms, beans served with toast / barm <i>Allergens: Eggs, Milk, Cereals containing Gluten</i>	Quorn chicken, roast potatoes, yorkshire pudding, gravy & seasonal vegetables <i>Allergens: Egg, Milk, Cereals containing Gluten</i>	Freshly made Spanish Omelette served with salad <i>Allergens: Egg, Milk</i>
	Sandwiches	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>
	Jackets	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Eggs</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Eggs</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Eggs</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Eggs</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Eggs</i>
	Desserts	Strawberry jam filled iced finger <i>Allergens: Cereals containing Gluten, Eggs</i>	Fruit / Yogurt <i>Allergens: Milk</i>	Fruit / Yogurt <i>Allergens: Milk</i>	Fruit / Yogurt <i>Allergens: Milk</i>	Cookie with Vanilla Ice cream flavoured milk shake <i>Allergens: Cereals containing Gluten, Eggs, Milk, May Contain: Soya</i>
Week two	Main 1	<div></div> Ravioli in a tomato sauce served with wedges and crusty bread <i>Allergens: Cereals containing Gluten, Celery</i>	<div></div> Salmon and broccoli in a creamy sauce served with pasta and salad <i>Allergens: Fish, Cereals containing Gluten</i>	<div></div> Tikka Masala Curry & rice served with naan bread <i>Allergens: Milk, Eggs, Cereals containing Gluten</i>	<div></div> Farm Assured Beef, Mash, yorkshire pudding, gravy and seasonal vegetables <i>Allergens: Cereals containing Gluten, Eggs, Milk</i>	<div></div> Fish Finger sub, homestyle cooked chips beans or Spaghetti Hoops <i>Allergens: Fish, Cereals containing Gluten</i>
	Main 2 (Veggie)	Cheese and Onion quiche served with Salad <i>Allergens: Milk, Eggs</i>	Cauliflower Cheese & jacket potato <i>Allergens: Wheat, Milk</i>	Vegetable Curry served with naan bread <i>Allergens: Soya, Cereals containing Gluten, Milk, Eggs</i>	Quorn beef steak, mash, yorkshire pudding, gravy and seasonal vegetables <i>Allergens: Cereals containing Gluten, Eggs, Milk</i>	Quorn chicken nuggets with chips beans or spaghetti hoops <i>Allergens: Cereals containing Gluten</i>
	Sandwiches	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>
	Jackets	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Eggs</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Eggs</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Eggs</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Eggs</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Eggs</i>
	Desserts	Chocolate brownie <i>Allergens: Cereals containing Gluten, Egg, Milk</i>	Fruit / Yogurt <i>Allergens: Milk</i>	Fruit / Yogurt <i>Allergens: Milk</i>	Fruit / Yogurt <i>Allergens: Milk</i>	Ice cream pot <i>Allergens: Milk</i>
Week three	Main 1	<div></div> Veggie Meatballs in a rich creamy and herb sauce with Spaghetti and garlic bread <i>Allergens: Cereals containing Gluten</i>	<div></div> Chicken Enchiladas with peppers, sweetcorn, onion in a mild chilli sauce served with rice, nachos & salad <i>Allergens: Cereals containing Gluten</i>	<div></div> Spaghetti Bolognaise served with garlic bread and salad <i>Allergens: Cereals containing Gluten, Milk</i>	<div></div> Roast Chicken served with roast potatoes,yorkshire pudding, gravy and seasonal vegetables <i>Allergens: Cereals containing Gluten, Eggs, Milk</i>	<div></div> Harry Ramsdens Fish fillet served with oven cooked chunky chips and beans <i>Allergens: Cereals containing Gluten, Fish</i>
	Main 2 (Veggie)	Cheese and Onion pie <i>Allergens: Cereals containing Gluten May contain: Eggs, Milk, Soya</i>	Veggie Enchiladas served with rice, nachos and salad <i>Allergens: Cereals containing Gluten</i>	Spaghetti Bolognaise served with garlic bread and salad <i>Allergens: Cereals containing Gluten, Milk</i>	Macaroni Cheese <i>Allergens: Cereals containing Gluten, Milk</i>	Cheese and pepper Quiche served with jacket potato & salad <i>Allergens: Eggs, Milk</i>
	Sandwiches	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>	Choice of ham, cheese (v), tuna or egg (v) filled sandwich / barm / wrap with salad selection <i>Allergens: Milk, Fish, Egg, Cereals containing Gluten, Soya, Mustard</i>
	Jackets	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Eggs</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Eggs</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Eggs</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Eggs</i>	Oven baked jacket potato with tuna, cheese (v) or beans (v) served with salad selection <i>Allergens: Fish, Mustard, Milk, Eggs</i>
	Desserts	Iced topped school cake served with custard <i>Allergens: Milk, May Contain: Cereals containing Gluten, Eggs, Soya</i>	Fruit / Yogurt <i>Allergens: Milk</i>	Fruit / Yogurt <i>Allergens: Milk</i>	Fruit / Yogurt <i>Allergens: Milk</i>	Sticky toffee pudding served with ice cream <i>Allergens: Milk</i>

Available daily: Fresh Fruit, Yoghurt, Water and Milk.

denotes a healthy choice meal (all sandwich and jacket potato options are healthy choice).

November 2025

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

December 2025

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

January 2026

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31						

February 2026

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	

March 2026

M	T	W	T	F	S	S
						1
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9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

April 2026

M	T	W	T	F	S	S
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

Week One Week Two Week Three