

- **PSED: Nursery**

**Development Matters 3-4 Year Olds:**

- Select and use activities and resources, with help when needed. This helps them to achieve a goal they have chosen, or one which is suggested to them.
- Develop their sense of responsibility and membership of a community.
- Become more outgoing with unfamiliar people, in the safe context of their setting.
- Show more confidence in new social situations.
- Play with one or more other children, extending and elaborating play ideas.
- Find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas.
- Increasingly follow rules, understanding why they are important.
- Remember rules without needing an adult to remind them.
- Develop appropriate ways of being assertive.
- Talk with others to solve conflicts.
- Talk about their feelings using words like 'happy', 'sad', 'angry' or 'worried'.
- Understand gradually how others might be feeling.
- Be increasingly independent in meeting their own care needs, e.g., brushing teeth, using the toilet, washing and drying their hands thoroughly.
- Make healthy choices about food, drink, activity and tooth brushing

**Sequence of learning:**

| <u>Autumn</u>                                                                                                                                                                                                                                                                                                                                                                                                                                                | <u>Spring</u>                                                                                                                                                                                                                                                                                                                                                                  | <u>Summer</u>                                                                                                                                                                                                                                                                                                                                                                                                                                                               |
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| <b>Personal, Social &amp; Emotional Development (Managing Self)</b>                                                                                                                                                                                                                                                                                                                                                                                          | <b>Personal, Social &amp; Emotional Development (Managing Self)</b>                                                                                                                                                                                                                                                                                                            | <b>Personal, Social &amp; Emotional Development (Managing Self)</b>                                                                                                                                                                                                                                                                                                                                                                                                         |
| <ul style="list-style-type: none"> <li>• I am showing an interest in a range of experiences both indoors and outdoors</li> <li>• I am beginning to select and use continuous provision resources, with help when needed</li> <li>• I can make independent learning choices during continuous provision</li> <li>• I can put resources back in right place once used</li> <li>• With support I am beginning to follow classroom routines and rules</li> </ul> | <ul style="list-style-type: none"> <li>• I am beginning to select and use activities and resources to achieve a set goal</li> <li>• I can settle to an activity of my choice for some time</li> <li>• I can increasingly follow classroom routines and rules (with reduced practitioner guidance)</li> <li>• I am developing independence within self-care routines</li> </ul> | <ul style="list-style-type: none"> <li>• I can select and use activities and resources, with help when needed - to achieve a goal I have chosen, or one which is suggested to me.</li> <li>• I can settle to an activity for some time</li> <li>• I can increasingly follow rules, understanding why they are important.</li> <li>• I do not always need an adult to remind me of a rule.</li> <li>• I can be increasingly independent in meeting own care needs</li> </ul> |

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| <ul style="list-style-type: none"> <li>I am beginning to be independent within self-care routines such as toileting, handwashing, snack time and outdoor time.</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                 | <ul style="list-style-type: none"> <li>I can make healthy choices about food, drink, activity and tooth brushing</li> </ul>                                                                                                                                                                                                                                                           |
| <b>Personal, Social &amp; Emotional Development (Self-Regulation)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <b>Personal, Social &amp; Emotional Development (Self-Regulation)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                           | <b>Personal, Social &amp; Emotional Development (Self-Regulation)</b>                                                                                                                                                                                                                                                                                                                 |
| <ul style="list-style-type: none"> <li>With support, I can follow the daily routine</li> <li>I can play with others, sharing resources and taking turns</li> <li>I am beginning to talk about feelings ... 'I am happy / sad because</li> <li>I can show and imitate different emotions</li> <li>I am beginning to show awareness of how others might be feeling</li> <li>I can offer comfort to a child who is upset / laugh with others</li> <li>I can identify feelings of main characters in texts, looking carefully at illustrations</li> <li>I am beginning to recognise that some actions can hurt the feelings of others</li> <li>With support, I am beginning to find solutions to some conflicts</li> <li>I am beginning to share resources and take turns</li> </ul> | <ul style="list-style-type: none"> <li>I can talk about feelings using words like 'happy' and 'sad' and begin to use other words</li> <li>With support, I am beginning to understand and talk about how others might be feeling and the reasons why</li> <li>I am beginning to help to find solutions to conflicts and rivalries. For example, accepting that not everyone can be Spider-Man in the game, and suggesting other ideas.</li> <li>With support, I am beginning to talk with others to resolve conflicts</li> </ul> | <ul style="list-style-type: none"> <li>I can talk about my feelings using a range of words</li> <li>I am beginning to understand how others might be feeling.</li> <li>I can help to find solutions to conflicts and rivalries.</li> <li>I am developing appropriate ways of being assertive.</li> <li>I can talk with others to solve conflicts</li> </ul>                           |
| <b>Personal, Social &amp; Emotional Development (Building Relationships)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                     | <b>Personal, Social &amp; Emotional Development (Building Relationships)</b>                                                                                                                                                                                                                                                                                                                                                                                                                                                    | <b>Personal, Social &amp; Emotional Development (Building Relationships)</b>                                                                                                                                                                                                                                                                                                          |
| <ul style="list-style-type: none"> <li>I am beginning to play with one or more other children</li> <li>I am beginning to see myself as part of a community</li> </ul>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                            | <ul style="list-style-type: none"> <li>I can play with one or more other children</li> <li>I can take part in pretend play with one or more children</li> <li>I see myself as part of a community</li> <li>I am beginning to share and take turns with others</li> <li>I am beginning to extend and elaborate play ideas with others</li> </ul>                                                                                                                                                                                 | <ul style="list-style-type: none"> <li>I am developing a sense of responsibility and membership of a community.</li> <li>I am becoming more outgoing with unfamiliar people, in the safe context of my setting.</li> <li>I am showing more confidence in new social situations.</li> <li>I can play with one or more other children, extending and elaborating play ideas.</li> </ul> |

Key vocabulary:

|          |           |         |
|----------|-----------|---------|
| Friend   | Family    | Mum     |
| Dad      | Listening | Talking |
| Kindness | Brother   | Sister  |
| Happy    | Brave     | Strong  |
| Proud    | Special   | Happy   |
| Sad      | Calm      | Angry   |
| Upset    | Scared    | Tired   |