

- PE: Long term plan

	Autumn	Spring	Summer
<b>Nursery</b>	Stability	Dance	Yoga
<b>Reception</b>	Fundamental movement Locomotion Invasion games Stability	Gymnastics Object Control Target Games Flight	Fine motor skills Striking and fielding Athletics
<b>Year 1</b>	Fundamental movement Invasion games Net and wall skills Gymnastics	Gymnastics Dance Object control Invasion games Swimming: Taster	Striking and fielding Athletics Fundamental movement Net and wall games
<b>Year 2</b>	Fundamental movement within invasion games	Target games Dance Gymnastics Swimming: Taster	Net and wall games Cricket Tri Golf Athletics
<b>Year 3</b>	Invasion Games; Basketball Hockey Football	Dance Gymnastics Health related fitness Dodgeball Swimming: Development	Rounders Athletics Trigolf OAA
<b>Year 4</b>	Invasion games; Netball Football Dodgeball	Dance Gymnastics Basketball Health related fitness Swimming	Cricket Athletics Rounders Tag Rugby
<b>Year 5</b>	Invasion games;	Dance	Tennis

	Football Netball Handball	Gymnastics Dodgeball Health related fitness Swimming	Athletics OAA Ultimate Frisbee
Year 6	Invasion Games Handball Football Basketball	Dance Gymnastics Health related fitness Lacrosse Swimming	Cricket Athletics Tennis Tag Rugby