




Two Choice menu

Week one

Monday

Meatballs Sub with Tomato Sauce, Cheese, Salad & Coleslaw

Jacket potato with cheese, beans, tuna or coleslaw filling 

Bananas and Custard, fruit or yoghurt

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya, wheat
May contain: Lupin, oats, rye

Tuesday

All day breakfast - Scrambled Egg, Bacon, Sausage, Hash Brown & Beans


Knorr Cream of Chicken soup, Tuna, cheese, ham or egg filled roll

Cookie, fruit or yoghurt

Contains: Cereals containing gluten, celery, eggs, fish, milk, mustard, soya
May contain: Lupin, oats, rye sulphur dioxide & sulphites

Wednesday

Tuna Pasta Bake with Garlic Bread & Salad


Jacket potato with cheese, beans, tuna or coleslaw filling 

Fruit Muffin, fruit or yoghurt

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya
May contain: Celery, crustaceans, molluscs, oats, rye

Thursday

Roast Beef with Roast Potatoes, Carrots, Yorkshire Pudding & Gravy


Tomato & Basil soup,  Tuna, cheese, ham or egg panini

Chocolate Mousse with Mandarin Segments, fruit or yoghurt

Contains: Cereals containing gluten, celery, eggs, fish, milk, mustard, soya
May contain: Oats, rye, sulphur dioxide & sulphites

Friday

Fish Fingers with Chips & Peas (mushy or garden)

Jacket potato with cheese, beans, tuna or coleslaw filling 


Chef Choice - Fruit Cheesecake, fruit or yoghurt

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya
May contain: Celery, crustaceans, molluscs, oats, rye, sulphur dioxide & sulphites

Week two

Monday

Salmon Fish Fingers with Sweet Potato Mash & Beans


Jacket potato with cheese, beans, tuna or coleslaw filling 

Frozen Toffee Yoghurt with Banana, fruit or yoghurt

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya
May contain: Celery, crustaceans, molluscs, oats, rye

Tuesday

Chicken Tikka Masala with Rice


Leek & Potato soup,  Tuna, cheese, ham or egg filled roll

Fruit Flapjack, fruit or yoghurt

Contains: Cereals containing gluten, celery, eggs, fish, milk, mustard, soya
May contain: Oats, rye

Wednesday

Lasagne with Salad & Garlic Bread

Jacket potato with cheese, beans, tuna or coleslaw filling 

Strawberry Mousse Break with Strawberries, fruit or yoghurt

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya
May contain: Oats, rye

Thursday

Roast Pork with Mash, Seasonal Veg & Gravy

Knorr Cream of Chicken soup, Tuna, cheese, ham or egg panini

Jelly & Fruit, fruit or yoghurt

Contains: Cereals containing gluten, celery, eggs, fish, milk, mustard, soya

Friday

Harry Ramsden's Fish Fillet with Chips & Peas (mushy or garden)

Jacket potato with cheese, beans, tuna or coleslaw filling 

Fruit Sponge & Custard, fruit or yoghurt

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya
May contain: Celery, crustaceans, molluscs, oats, rye, sulphur dioxide & sulphites

Week three

Monday

Beef Burger on a Diddi Roll with Crisps & Beans


Jacket potato with cheese, beans, tuna or coleslaw filling 

Frozen Toffee Yoghurt with Banana, fruit or yoghurt

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya
May contain: Celery, oats, rye, sulphur dioxide & sulphites

Tuesday

Spaghetti Bolognese with Garlic Bread


Tomato & Basil soup,  Tuna, cheese, ham or egg filled roll

Brownie, fruit or yoghurt

Contains: Cereals containing gluten, celery, eggs, fish, milk, mustard, soya
May contain: Oats, rye

Wednesday

Chicken Korma with Rice


Jacket potato with cheese, beans, tuna or coleslaw filling 

Butterfly Cake, fruit or yoghurt

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya
May contain: Oats, rye

Thursday

Roast Chicken with Mash, Stuffing, Seasonal Veg & Gravy

Leek and Potato soup,  Tuna, cheese, ham or egg panini

Chocolate Mousse Break with Banana, fruit or yoghurt

Contains: Cereals containing gluten, celery, eggs, fish, milk, mustard, soya

Friday

Fish Stars with Wedges & Beans

Jacket potato with cheese, beans, tuna or coleslaw filling 

Cookie & Milkshake, fruit or yoghurt

Contains: Cereals containing gluten, eggs, fish, milk, mustard, soya
May contain: Celery, crustaceans, molluscs, oats, rye, sulphur dioxide & sulphites

Available daily: Fresh fruit, yoghurt, water, milk and fruit juice.

Many of the options available can be adapted to suit various diets; should your child have any dietary needs please contact your school and our Kitchen Team will be happy to accommodate.  denotes vegetarian option or vegetarian version available.



October 2023

M	T	W	T	F	S	S
						1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

November 2023

M	T	W	T	F	S	S
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

December 2023

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

January 2024

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				

February 2024

M	T	W	T	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29			

March 2024

M	T	W	T	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

April 2024

M	T	W	T	F	S	S
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

Week One Week Two Week Three