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| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Indoor AthleticsGymnastics-scheme (10 lessons)* Balance-4
* Travel-4
* Rock& roll-4
* Sequences-? (body positions)
 | Indoor AthleticsGymnastics | Tri GolfMulti- skills* Balance
* Co-ordination:movement
* Co-ordination: aiming and timing
* Agility-movement
* Agility-Changing
* Agility, Balance, co-ordination

6 wk plan | Dance-Rebound Dance schemeTennis  |  Y1-2Throwing-BowlingCatchingFieldingbattingAthletics | Athletics/Orienteering |