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| Autumn 1 | Autumn 2 | Spring 1 | Spring 2 | Summer 1 | Summer 2 |
| Indoor Athletics  Gymnastics-scheme (10 lessons)   * Balance-4 * Travel-4 * Rock& roll-4 * Sequences-? (body positions) | Indoor  Athletics  Gymnastics | Tri Golf  Multi- skills   * Balance * Co-ordination:movement * Co-ordination: aiming and timing * Agility-movement * Agility-Changing * Agility, Balance, co-ordination   6 wk plan | Dance-  Rebound Dance scheme  Tennis | Y1-2  Throwing-  Bowling  Catching  Fielding  batting  Athletics | Athletics/  Orienteering |