

## PE Development Plan 2020/21

### Led by

Main Areas of Development	Reason/Evidence
Raise awareness of healthy lifestyle choices (healthy eating & activity levels)	High obesity levels – Poor existing knowledge and understanding of healthy lifestyles etc (specifically healthy eating).
Increase activity levels and active time of pupils during school time.	Improve fitness and health of pupils after period of inactivity during lockdowns.
Increase sports competitions within school.	To provide all pupils with the opportunity to engage in school sport. Meet government/curriculum guidelines.

<b>Overall target</b>		<b>Raise awareness of healthy lifestyle choices (healthy eating &amp; activity levels)</b>							
Action to be taken	Success Criteria and Impact on Learning and Standards.	Lead Person	Monitoring	Evaluation	Cost/ Resources	Milestone 1 December 2020	Milestone 2 April 2021	Milestone 3 July 2021	
1	Engage in national healthy eating week	JC	<p>Review children's/classes healthy eating diaries for the week.</p> <p>Questioning children on healthy lifestyles the impact of healthy eating week.</p>	Children were fully engaged in healthy eating week by trying new fruits/veg, being more active and more responsible for the foods they were eating at home and in school by recording their diets and activity levels on a weekly planner.	Free	For all children in school to have taken part in healthy eating week.	<p>All children to revisit what was learnt during healthy eating week and provide evidence for PSHE book.</p> <p>Achieved and began planning for healthy eating week 2.</p>	Healthy eating week 2 was achieved and all children provided evidence for healthy meals based around breakfast, snacks, lunches, dinners and the negatives of junk food.	

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2	PSHE lessons led by PE lead focused around healthy lifestyles	For PE lead to deliver PSHE lessons to all classes in the school focused around healthy lifestyles (diet & activity levels)	JC	Healthy active lifestyle PSHE lessons evidence added to class PSHE books for monitoring.		Free	For all classes to of had a PSHE lesson led by PE lead.		
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<b>Overall target</b>		<b>Increase activity levels and active time of pupils during school time.</b>							
<b>Action to be taken</b>		<b>Success Criteria and Impact on Learning and Standards.</b>	<b>Lead Person</b>	<b>Monitoring</b>	<b>Evaluation</b>	<b>Cost/ Resources</b>	<b>Milestone 1 December 2020</b>	<b>Milestone 2 April 2021</b>	<b>Milestone 3 July 2021</b>
i	Increase opportunities to be active throughout the day.	<p>For children to participate in wake up shake up activities, brain breaks in class and other initiatives such as daily mile and active advent calendars.</p> <p>For all pupils to engage in an active maths lesson twice each term.</p>	JC	<p>Monitored by class teachers engaging in activities.</p> <p>Questioning pupils on activity levels in school daily.</p>	New playground equipment, facilities and staggered breaks and lunches meant that children could be more active during their play times throughout the day.	Free	<p>For children to have timetabled slots for activity each day with wake up shake up, brain breaks, daily mile and to engage in active advent during December.</p> <p>For pupils to of had at least two active maths lessons during the term.</p>	<p>Children had activities that they could engage with during play and lunch times.</p> <p>Planned timetable needs to be devised for use of space and equipment for each class per term based around PE scheme of work.</p>	<p>Planned timetable needs to be devised for use of space and equipment for each class per term based around PE scheme of work</p>
ii	Increase activity levels at break and lunchtimes with increased play equipment/space/	<p>Observing children playing with equipment at break and lunch times and being more active.</p> <p>Requests for more playground/sports equipment.</p> <p>New MUGA facility built on front yard with timetabled</p>	JC	<p>Observing activity levels on playgrounds and MUGA.</p> <p>Receipts of playground equipment kept and added to</p>	New playground equipment, facilities and staggered breaks and lunches meant that children could be more active during their play times throughout the day.	£1000 playground equipment	<p>For the new MUGA to be finished by end of autumn term.</p> <p>For each class to have their own playground/sports equipment and space.</p>	MUGA has been finished and fully utilised by KS1 classes.	Each class has a box of varied brand new sports equipment to use next year during break and lunch times.

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		activities planned for different year groups.		sports premium funding report.					Class timetable and equipment plan needs timetabling for new year.
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<b>Overall target</b>		<b>To achieve school mark games gold award.</b>							
<b>Action to be taken</b>		<b>Success Criteria and Impact on Learning and Standards.</b>	<b>Lead Person</b>	<b>Monitoring</b>	<b>Evaluation</b>	<b>Cost/ Resources</b>	<b>Milestone 1 December 2020</b>	<b>Milestone 2 April 2021</b>	<b>Milestone 3 July 2021</b>
i	Devise a timetable of competitions for individuals and class teams to engage in whilst in school.	For all children to have taken part in individual and team competitions regardless of age or ability.	JC	Keep copies of fixtures/event s timetables.	House teams competed within their classes but due to covid there was no intra house competitions between the classes throughout the school. A timetable for next year needs to be devised for house competitions.	Free	For all children to have taken part in at least two different competitions within school during autumn term.	Children have engaged in virtual competitions and house competitions within their class.	All children in each class took part in a competitive sports day for their house teams.
ii	To fully engage in the Knowsley School Sport Partnership's competitions and events and adapt to in house school competitions.	<p>To engage in as many sports competitions as possible throughout the year inside of school and externally when it is safe to do so.</p> <p>For all pupils regardless of ability to engage in school sports competitions.</p>	JC	Results for each event to be kept and sent off.	All classes were fully engaged in the range of virtual competitions throughout the year devised for by Knowsley school sport partnership. We managed to compete in one face to face football competition before covid rules prevented any further fixtures taking place.	£1300	To have entered teams and results into all of KSSP's virtual competitions leading up to Christmas.	All children have competed in the virtual competitions provided for by KSSP.	<p>All children have competed in the virtual competitions provided for by KSSP.</p> <p>Some competed in football Y6 tournament.</p>

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iii	To provide opportunities for children to be as active as possible with extra curricular activities when safe to do so (covid permitting)	To offer a wide range of extra curricular activities for children of all ages and abilities to participate in.  To have a extra curricular timetable made beginning in Spring term and for registers to be kept.	JC	Registers and results of competitions kept as evidence.	Due to COVID we only managed to run 2 different after school clubs this year.	£500	No extra curricular clubs allowed due to COVID.	Jamie Carragher ran an after school club as did PE lead.	Year 6 took part in boxing sessions for a few weeks during PE. A timetable and plan needs implementing for next years extra curricular clubs.
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