

St Aidan's Catholic Primary School
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Headteacher: Mr M Boland

16th April 2021

Dear Year 5 Parents and Carers,

As part of our Science curriculum, your child has been learning about the lifecycles of humans and mammals. During this final summer term, this will also be delivered alongside a scheme of work called "Journey in Love" which is approved by the Archdiocesan Christian Education Department. This scheme of work tackles the changes your child may experience in the next stages of their growth and links with the statutory requirements of the Science curriculum.

This term will focus largely on physical changes which effect humans as they change and grow. Children will become aware of physical and emotional changes that accompany puberty, sensitivity, mood swings, anger and further in their presence in their daily life.

We will be looking at the life cycle of humans from birth to adulthood. You may find your child will have questions about how it will affect them or just general questions about what they can expect during these lessons.

Whole class lessons will include learning about:

- Physical changes in girls and boys through puberty
- the external and internal changes which happen over time in puberty including menstruation
- how behaviour and moods can change during puberty
- Reflect on ways to become more sensitive to emotional development of oneself and others.

We feel this aspect of the curriculum is important for your child and integral to their own development and understanding about themselves. It is also part of the statutory Science curriculum.

If you have any questions don't hesitate to ask and we can explain in more detail what will exactly be taught in lessons. There are also links on our website under Religious Education, RSHE and/or Science for further information.

Yours faithfully

Miss Doyle
Year 5 Class Teacher