

## British Values

**Tolerance of those of different faiths and beliefs.**  
**Did you know?**

9 March (Monday) to 10 March (Tuesday) **Jewish Purim** is a **carnival festival**, recalling the saving of the Jewish community of Persia, as retold in the Book of Esther (the Megillah), which is read through twice in each synagogue. The name of Haman is drowned out with **rattles and hooters and boos** by the congregation whenever it is read.

10 March (Tuesday) **Hindu**

**Holi** is a **spring festival** lasting one to five days. Bonfires are lit and coloured powders and dyes are thrown over people. Various stories of Vishnu and of Krishna and the gopis (milkmaids) are related throughout the festival.

## Tea and Scones with Mr Boland

**Ameilia** (Y2) completing extra work at home; **Ryan** (Y3) working consistently hard; **Daisy** (Y1) excellent effort in phonics; **Phoebe** and **Lottie** (Y4) fantastic focus; **Grace** (Y6) taking on extra work and doing her best; **James** (Y5) fantastic answers in class discussions; **Lucas** (Rec) always trying his best.

The current winners at the Scramble game are **Beryl** (Y6) 24 secs and **Zac** (Y2) 28 secs. Can anybody beat it next week?

## Birthdays

Poppy (Y5) Harry (Y1)  
Heidi (N) Nevaeh (Rec)  
Jude (Rec) Jacob (Y5)  
Ava Rose (Y2) Mary Kate (Y6)  
Layla (Y2) Che (Y2)  
Eva (Y5) Lola Mai (Y2)  
Harry (Rec) Lucas (Rec)  
Anaya (Rec) Arayah (N)  
Olivia (Y4)  
Olivia (Y5)  
Alexa (Y4)  
Lydia (N)



## Rewards at St Aidan's

We continue to look for ways to show our children appreciation for their hard work and I am delighted to say that Mandy, our cook, has agreed to take a number of younger children to do some baking with them and give a tour of the school kitchen. This is as a reward and they will be identified by the class teacher because of their hard work. The children even get to take the muffins home but I believe the tour of the kitchen was the most exciting thing!

## Dates for the Diary

First Communions Preparation – Y4  
10<sup>th</sup> March Old School House  
12<sup>th</sup> March St Aidan's Club  
Colomendy Residential 11- 13<sup>th</sup> March  
Parent's Evening 26<sup>th</sup> March (Nursery 25<sup>th</sup>/26<sup>th</sup>)  
Easter Bingo Monday 30<sup>th</sup> March 5.30pm

## Fantastic Writing Newspaper Reports

### – Y6 Beryl

### Saved! Boat Full of Survivors

Survivors saved by rescuers near the coast of Greece last Thursday. According to the latest gossip, they had to be pulled out of a miniature boat by rescuers and a fisherman. Read on to find out more.

### How the Survivors Felt

They reported that they were refugees from another country. They commented that the storm was ferocious and they were in terror of what was going to happen. 'We suffered\_dreadful anxiety in case we were going to drown and we didn't want that to happen' the survivors explained.

## Attendance

Good attendance leads to good achievement at school. Every single day matters.

Nursery 95.5%  
Reception 95.9%  
Y1 95.5%  
Y2 94.7%  
Y3 97.3%  
Y4 92.3%  
Y5 93.5%  
Y6 90.8%

Well done to Y3 this week. Their class had the best attendance and will get extra playtime on Friday



### **Healthy Eating** <https://www.nhs.uk/live-well/eat-well/>

#### **Beans, pulses, fish, eggs, meat and other proteins**

These foods are all good sources of protein, which is essential for the **body** to **grow** and **repair** itself.

They're also good sources of a range of vitamins and minerals. Meat is a **good** source of protein, vitamins and minerals, including iron, zinc and B vitamins. It's also one of the main sources of vitamin B12.

Choose lean cuts of meat and skinless poultry whenever possible to cut down on fat. Always cook meat thoroughly. Mr. Boland has started baking his own '**red lentil**' pies for his lunch which are **rich in protein** but have no meat!

**Try to eat less red and processed meat like bacon, ham and sausages.**

### **Screen Time and Sleep**

Tablets, smartphones and other electronic devices with self-luminous electronic displays have been shown to **suppress melatonin** at night.

This is an **important** sleep hormone that controls sleep and wake cycles.

Researchers found that children and teenagers who use mobile phones and tablets at bedtime are more than **twice** as likely to be getting **too little sleep** as those who don't! Switch off an **hour** before bedtime!<https://www.netmums.com/child/how-tv-and-other-screen-use-affects-your-childs-sleep>

### **Cartoon Reward**

*Choose a Friend to draw a cartoon with Mr Williams*

Mr. Williams has worked with a number of children this week to draw cartoons which they can take home. **Anthony** (Y2) and **Sienna** (Y4) will be going next week.

### **Nursery Teacher Helper**

*Choose a friend to go and help out in the Nursery*

**Adam and Ellie** chose a friend to go to Nursery and help out with some activities this week.

### **Mr Craig – Sports Report**

The year 5/6 football team improved on last year with a joint third placed finish in the **Huyton Small Schools League**. The team played **fantastic football** and worked hard for each other which resulted in some great performances and really close games. Year 5 are going to Colomendy next week for a few days of adventure and personal challenge whilst the rest of the school will start a **Travel to Tokyo** initiative to increase activity levels leading up to the **Tokyo Olympic Games**.

### **Online Safety at St Aidan's**

Thanks to Mr. Magill for organising Merseyside Police to come in and talk to all classes about keeping safe online and what to do if you are worried. I don't think we can repeat messages too many times!

### **Children's Questionnaires**

We did an online survey with the children at the end of last year with a series of questions about what they think about school. One of the statements was:

**I am told how well I am doing.**

**St Aidan's School 's score lies 9.76% above national means for primary schools. This is once again, a very good result. Overall, this seems to be a real strength of St Aidan's School.**

### **Religious Education**

We have recently designated a **prayer space** in the open area outside Mr. Boland's office. This is a **quiet space** for staff and children to sit and pray when they wish to.

We have also placed a **Prayer Request Box** in this area. All staff and children can use this any time – we have also put one in St Aidan's Church so we can pray for each other!

Some of the KS2 children with Mrs. Cullen have formed a **Prayer Group**. We will pray each Friday at 12.30 for anything in the Request Box. If you would like us to pray for you or your family, **please send a prayer request in** with your child or you could fill one in at church.

### **Interesting Lessons at St Aidan's**

**Nursery:** We have been building houses for **the three pigs** using straw, wood and stone. **The Wolf** (Mrs. Martin's hair dryer) is coming in to test them!

**Reception:** We really enjoyed our **World Book Day** assembly where teachers read from different books and we had to guess which book it was – **prizes** for the best guesses!

**Y1:** We have been learning about **pointilism** which is a way of painting without mixing colours! We're going to have a go at '**pinky painting!**'

**Y2:** We have been learning about **Charles Darwin** and what a great scientist he was; we know about **evolution** and **natural selection**.

**Y3:** We have been learning a new song called **Three Little Birds** by Bob Marley in our music.

**Y4:** We will be thinking about how to make **string telephones** in science and judging to see if they actually work!

**Y5:** We will be getting ready to go to **Colomendy** next week where we will be doing some caving, low ropes, aeroball, bush craft and night climbs. What an **adventure!** Thanks to all the staff that will be going.

**Y6:** We will be visiting a local care home to finish our **Lord Derby Awards** – baking biscuits, craft activities and **making friends**.

