

## Primary Autumn / Winter Menu 2017 / 18 - St Aidans

Week 1	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Beef grill in a bun with crisscuts and salad	Chicken korma with basmati rice	Mince and mash with mixed veg	Chicken wrap with herby potatoes and salad	Harry Ramsden's fish fillet, chips & peas (mushy or garden)
Soup	Tomato & basil soup		Leek and potato soup		
Light Choice	Tuna / cheese / ham / egg / panini	Cheese / tuna / beans jacket potato	Tuna / cheese / ham / egg / panini	Cheese / tuna / beans jacket potato	Tuna / cheese / ham / egg / panini
Dessert	Sponge and custard	Flapjack	Apple and blackberry pie and custard	Muffin	Iced fairy cake with sprinkles

**Available Daily: Fresh Fruit, Yoghurt, Water, Milk and Fruit Juice**

**Menu Dates:** 30 October 2017, 20 November 2017, 11 December 2017, 22 January 2018, 5 March 2018, 26 March 2018

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	Sausage in onion gravy with mash and mixed veg	Chilli boats with rice and mixed salad	Lasagne and salad with garlic bread	Roast chicken, roast potatoes, stuffing, carrot, sprouts & gravy	Fish fingers with chips and beans
Soup	Knorr Cream of Chicken soup		Tomato & basil soup		
Light Choice	Tuna / cheese / ham / egg / panini	Cheese / tuna / beans jacket potato	Tuna / cheese / ham / egg / panini	Cheese / tuna / beans jacket potato	Tuna / cheese / ham / egg / panini
Dessert	Mousse with cream and sprinkles	Sticky toffee pudding and custard	Apple tart and ice cream	Winter berry cheesecake	Cherry crumble and custard

**Available Daily: Fresh Fruit, Yoghurt, Water, Milk and Fruit Juice**

**Menu Dates:** 6 November 2017, 27 November 2017, 18 December 2017, 8 January 2018, 29 January 2018, 19 February 2018, 12 March 2018

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
Main 1	All day breakfast - scrambled egg, bacon, sausage, hash brown & beans	Scouse with beetroot or red cabbage & crusty bread	Pork grill with mash, broccoli and gravy	Roast beef with roast potatoes, carrots, Yorkshire pudding and gravy	Harry Ramsden's fish fillet, chips & peas (mushy or garden)
Soup	Leek and potato soup		Knorr Cream of Chicken soup		
Light Choice	Tuna / cheese / ham / egg / panini	Cheese / tuna / beans jacket potato	Tuna / cheese / ham / egg / panini	Cheese / tuna / beans jacket potato	Tuna / cheese / ham / egg / panini
Dessert	Fruit cobbler and custard	Bananas and custard	Rice Pudding	Brownie	Cookie and milkshake

**Available Daily: Fresh Fruit, Yoghurt, Water, Milk and Fruit Juice**

**Menu Dates:** 13 November 2017, 4 December 2017, 15 January 2018, 5 February 2018, 26 February 2018, 19 March 2018

